

# Proportion of Days Covered: Diabetes All Class (PDC-DR)

## Provider Tip Sheet

### What is being measured?

The PDC-DR measure assesses the percentage of members 18 years of age and older who met the Proportion of Days Covered (PDC) threshold of 80% for diabetes medications during the measurement year.

### Why is this measure important?

Member adherence to a medication regimen is vital in controlling their daily blood sugar levels. Glycemic control can prevent acute and chronic complications of diabetes and decrease hospitalizations.

### Eligible Population

Members who are 18 years of age and older, had a treatment period greater or equal to 91 days, and who had two or more claims on different dates of service, for any diabetes medication, not including insulin.

Therapeutic categories of medication include:

- Biguanides
- Sulfonylureas
- Thiazolidinediones
- DPP-4 Inhibitors
- GLP-1 Receptor Agonists
- Meglitinides
- SGLT2 Inhibitors

### Best Practices

- The 2018 American Diabetes Association Standards of Medical Care in Diabetes support strategies to improve medication adherence, and the guidelines state: "In general barriers to medication adherence (such as cost and side effects) should be identified and addressed." Moreover, there are several studies showing improved clinical outcomes for individuals who are adherent to their medications.<sup>1</sup>
- Discuss with members why they are on a specific medication. Reinforce the role and importance of their diabetes medication. Together, identify and resolve member-specific adherence barriers or concerns (e.g., health benefits, side effects, timely refills, cost).
- Educate members about the importance of taking the medication as directed.
- Send updated prescriptions to the pharmacy for medication or dosage changes. Avoid long gaps in time between the first and second fill.
- Encourage members to use the automatic refill option and to use pharmacy mail order service, if available, to help with adherence.

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## Best Practices (Continued)

- Encourage members to use their member card at the pharmacy to generate pharmacy claims and capture member compliance.
- Monitor members who are at risk for poor compliance and reach out to them prior to refill due date.

## References

1. PQA, Inc. (2022) [PQA Measure Rationale](#).

## Support

We are committed to the care and well-being of our members. We are also committed to working with you as a partner to develop the best possible treatment plans for all patients.

Please view the Provider section of our website at [ambetterofnorthcarolina.com](https://ambetterofnorthcarolina.com) for additional tools and resources. You may also contact your [Provider Engagement Administrator](#) directly for support and education.